

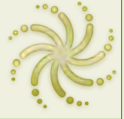


# Family Man

Volume 2, Issue 2

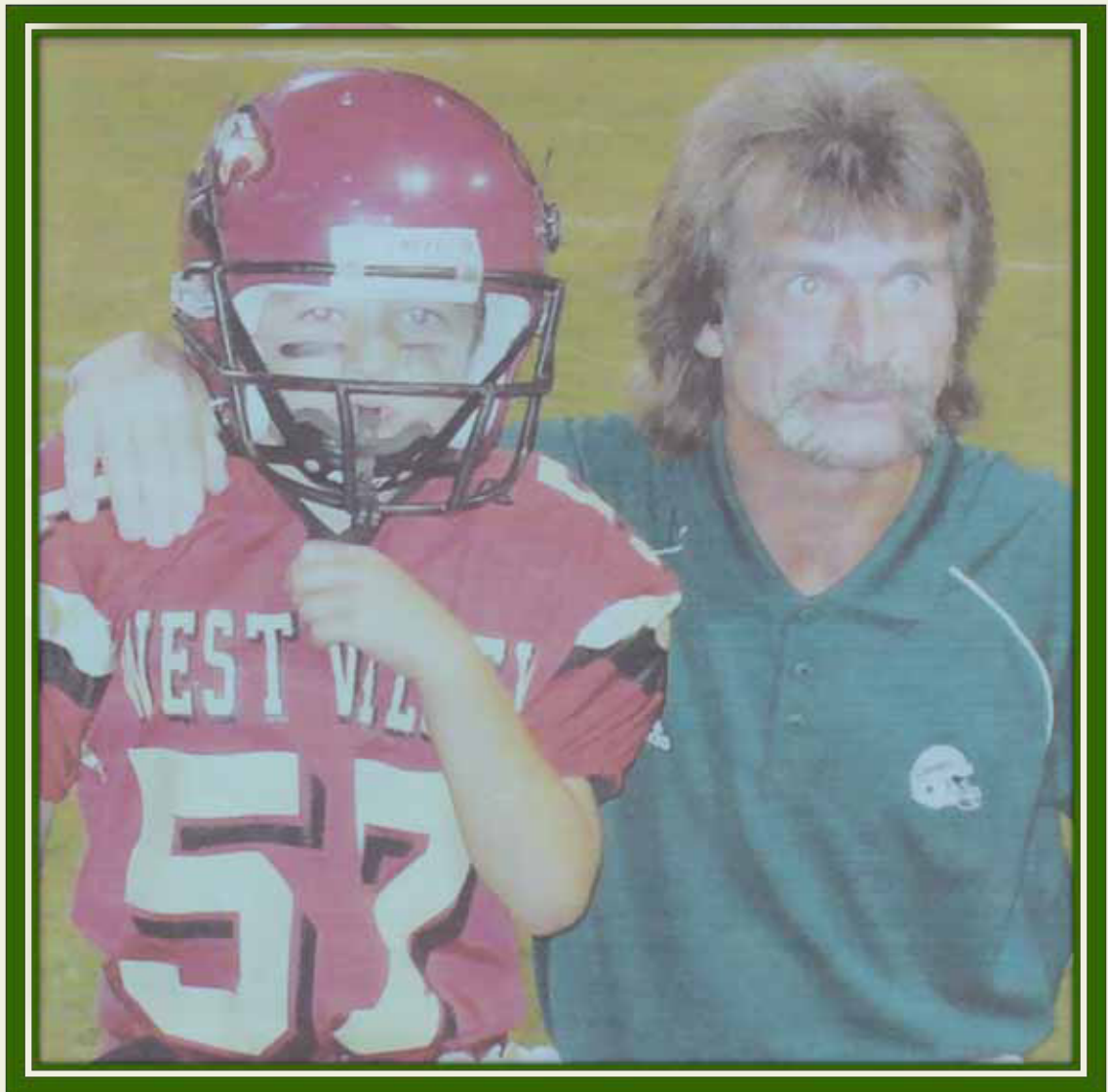


September 1, 2011



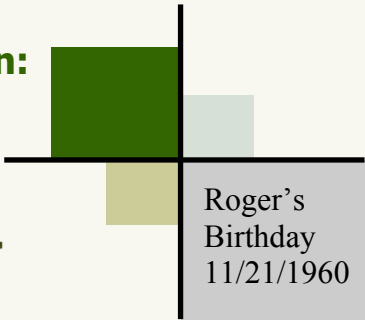
**“It’s Been Groovy”**

# ROGER



**People who have permission to read my life plan:**

- ℞ Everyone can read my plan.
- ℞ WCALF can put my Life Plan on their website.



**Great Things About Me:**

- ℞ I care about others.
- ℞ I am outgoing.
- ℞ I am a good friend.
- ℞ I am a family man.
- ℞ I am a good coach.
- ℞ I am supportive.
- ℞ I am a good listener.
- ℞ I am proud of my family.
- ℞ I am a grandpa, "Papa".
- ℞ I am good with kids.
- ℞ I like the outdoors.
- ℞ My dog, Bandit

**Hobbies and Things I do to Have Fun:**

- ℞ Coaching soccer and football
- ℞ Being outside
- ℞ Camping / Hiking
- ℞ Hanging out with family
- ℞ Going to car shows and the races
- ℞ Driving the Corvette around town, I like cruising.



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## Things That Are Important to Roger Hatton:

- ℞ Family
- ℞ My wife
- ℞ Coaching
- ℞ Going places
- ℞ Grandbabies
- ℞ Friends
- ℞ God and going to church



Desi's Graduation From Chico State - 2010



### Nice Things People Say About Roger!

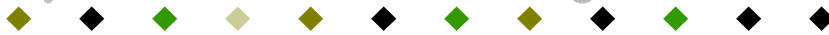
℞ **"Roger inspires me to be a better person."**

℞ **He sticks by his family and is always willing to help.**

℞ **I admire that Roger can do anything he puts his mind to.**

℞ **Roger is a cool guy.**

# A Day in the Life of Roger Hatton!



"I am a simple man."

I get up at 7:00 AM. When I wake up, I roll over and give my wife a hug. I get up and take Charlene to work. We leave at 7:45 AM. When I get home, I take a shower and get ready for work. I don't eat breakfast; but I start my day off with a Coke. My family is very important to me. My family consists of my wife Charlene. We were married in 1985. We have four daughters, Desi, Nancy, April and Mariah. I have four grandchildren, Star, Oskar, Elizabeth and Kara. Our daughter Mariah just moved out of our home. She is the last one to leave the nest. My mother passed away in 1993. God and music are also very important in my life.

I eat lunch at noon. I watch a little TV and take a nap. If I am at home, I play with Bandit. Bandit is my dog. If I am not working, I pick-up Charlene at 2:00 PM. Then I go to Shasta College to coach. I have been volunteering there for twelve years. I am there from 4:00 to 6:00 PM. I love coaching. When I am coaching, I am responsible for everything. I get the equipment ready, I make sure practice goes smooth. I help "Big J". I am at Shasta College Monday through Saturday. On Monday and Wednesday from 7:00 to 8:30 PM, I coach soccer in Anderson. I coach the kids' Jr. and Senior High School students. I teach them how to play. I am a good role model. "If I can change one life it is worth it."

In the evenings, I eat dinner and kick back and watch TV. I hang out with my family. I love family gatherings, especially in the summer. I like to go to my daughter's house for barbeques, go to the lake and play with the grandbabies. My grandbabies are my life. They are what is important. I am glad, I have a second chance with my family. The Lord and my grandbabies made me grow up.

I am happy where I am in life. I am finally at peace. I am on the right road. Often people who turn the wrong direction, like I did, don't come back. I am very blessed, I came back. I am thankful, I can make it up to my family by being a great papa. Every night, I thank the Lord for the day. I pray for the safety of my family. I take a shower. I take two showers a day. My kids call me a freak. It makes me laugh. I watch TV and then I go to bed.

# Roger's Spiritual Beliefs:




I believe in Jesus. I am a Christian which means I believe in the Bible. Every-day, I ask God for forgiveness. Jesus' love and spending time with my family brings me great joy and happiness. It makes me happy to talk to the Lord and knowing He is there. When times are hard, I pray, I talk to God. I ask for forgiveness. I pick random places in the Bible and read. I find this brings me the answers I need. I also talk to my wife and kids. The book of Job is my favorite book in the Bible. Job never gave up and he was faithful. I am proud of myself for "Never Giving Up!". I am thankful, I can turn to the Lord and my wife.

I attend Neighborhood Church of Anderson/Cottonwood. It is a big church with good music. I feel Jesus and the Holy Spirit is there. Charlene and I go together. Sometimes, the girls and the grandbabies attend. We go three times a month. I would like to go more often. We worship, listen to the sermon, I talk to the Lord, sing, praise the Lord and visit with friends. The people who attend the church are friendly and supportive.



As a family, we celebrate Christmas and other holidays. Christmas, everyone comes over to our house. Charlene and the girls cook dinner. I have an Advance Directive. If something is to happen to me, I want my doctors and family to know my wishes. I also want my doctors to know, I am a Christian and to read my Advance Directive.

<p><b>How great is God – beyond our understanding!" ~Job 36: 26</b></p>	 A painting of Jesus Christ with long brown hair and a beard, wearing a white robe. He has his arms raised in a gesture of blessing or prayer, set against a golden, glowing background.	<p><b>I love the Lord.</b></p>
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# Question & Answers

## What do you do to stay healthy?

- ♠ I am starting to eat better.
- ♠ I am eating more protein.
- ♠ I am drinking water.

## How can someone support you to stay healthy?

- ♠ I need help! I want people to remind me to drink water, help me to eat healthy and support my decisions.

## What bugs you or makes you sad?

- ♠ The War
- ♠ When people don't respect others
- ♠ When loved ones die and seeing family members grieve
- ♠ When people steal

## What makes you feel better when you are sad?

- ♠ I read the Bible. The book of Job is my favorite book in the Bible.
- ♠ I talk with my family.
- ♠ I go see my grandbabies.
- ♠ Being around coworkers

## What do you do when you are angry?

- ♠ I am learning to talk about my feelings. I like to talk it through until I understand.
- ♠ I get quiet.
- ♠ I am learning to understand my emotions.

## What do you want others to do when you are angry?

- ♠ I want people to talk with me and to listen to me. I like to talk it through until I understand.
- ♠ I want to go see my grandbabies. They always make me feel better.

## Roger's three wishes:

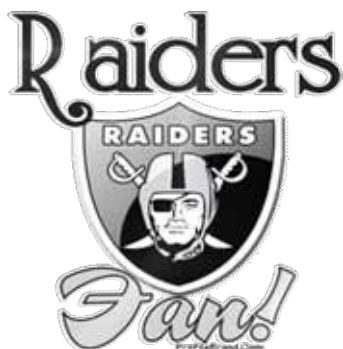
1. Being able to see my mom again
2. Having no more pain
3. Having a healthy happy family

**Likes:**

- Color: Green
- Movie: "Radio"
- Food: Lasagna, Pizza, Chicken & Spaghetti
- Candy: 3 Musketeers
- Person: Jesus & My Family
- Animal: Dog "Bandit"
- Music: Christian, Rap, Rock, and Heavy Metal
- T.V. Show: Football
- Season: Fall
- Holiday: Christmas
- Relative: Charlene and Family
- Activity: Sports
- Snack: Corn Chips
- Political Party: Green Party

**Dislikes:**

- Food: Pancakes, Brussels Sprouts
- Music: Opera
- Season: Summer



Jamie, Dad, Me, and Steve



## What's Working:

- ℞ The Lord
- ℞ My Family
- ℞ My Job
- ℞ Volunteering
- ℞ My Health



## Goals:

- ℞ Move into a bigger house
- ℞ Have more money
- ℞ Go on a vacation to Hawaii or Costa Rica
- ℞ Peace in the World
- ℞ It takes a lot of energy to talk



## ACTION PLAN

**What is not working?** I want to move into a bigger house.

**What needs to happen?**

1. I need to make more money.
2. I need to get more hours or find another job.
3. We need to save money.
4. We need to look for a house on the computer, in the paper, and through friends.

**What I have tried?** We have started looking.

**Who I feel is responsible.** Me and Charlene

**By when:** February 2012

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**What is not working?** I want to have more money.

**What needs to happen?** I need more hours or I need to get another job.

**How?** I need to look for a job. I have also started prioritizing work before coaching.

**Who I feel is responsible.** Me

**By when:** January 2012

**What is not working?** I want to go on vacation to Hawaii or Costa Rica.

**What needs to happen?** I need to save money and put it into savings.

**What I have tried?** Nothing

**How?** Save money

**Who I feel is responsible.** Me

**By when:** Long-term

---

**What is not working?** I would like to see Peace in the world.

**What needs to happen?** The war needs to stop and our troops need to come home.

**What I have tried?** I have prayed.

**How?** I don't know, I am a good citizen and advocate.

**Who I feel is responsible.** Me and others

**By when:** NOW!!!

---

**What is not working?** Talking is very hard for me, it takes a lot of energy and I get headaches.

**What needs to happen?**

1. I need to practice speaking.
2. Maybe, I need another surgery.
3. Get dentures

**What I have tried?** I practice speaking at home and at work. I have had 17 surgeries. I am seeing a dentist to get dentures. The impressions have been taken.

**How?** When I am speaking, I need to remember to relax.

**Who I feel is responsible.** Me

**By when:** NOW!!!

## My Life, "I am Blessed"

### What important things have happened in your life?

The happiest day in my life was when I married Charlene. We were married in 1985. We had a big wedding in Chico. My wife is my best friend. She is a good friend and role model to me. We have four beautiful daughters and four grandbabies.



Mariah's Graduation from West Valley - 2010

My mother died in 1993. That was the hardest day of my life. She died from Lupus. I am starting to be okay from her death. I truly miss her and would love to be able to see her again. Since my last Life Plan, I have built a good relationship with my dad. He lives in Napa. Charlene and I have visited him several times. I really like him. My dad's wife recently passed away. She passed away on November 3, 2010.

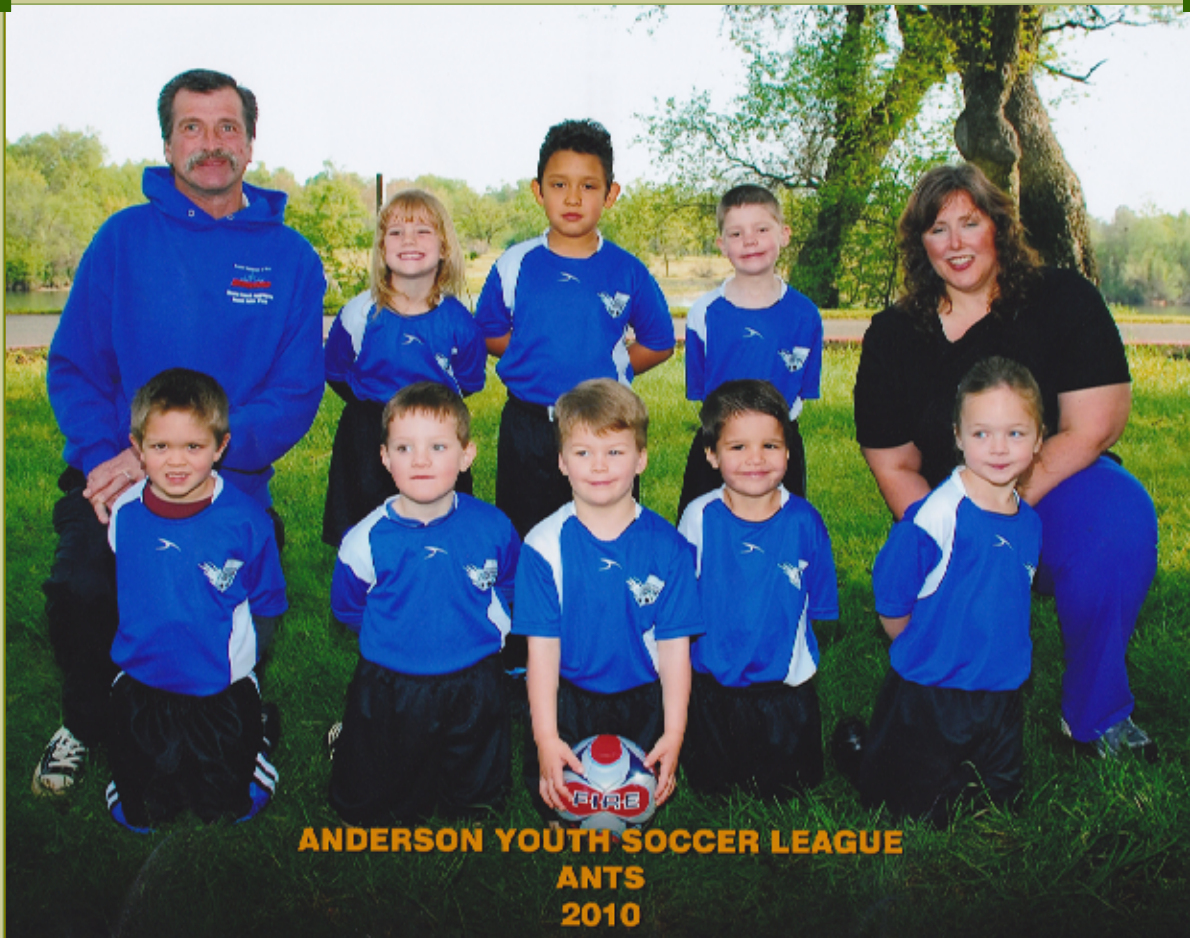
My health is also very important to me. I have had 17 surgeries. I had neck surgery last year. I am waiting to have a TENS device to stimulate my nerves. I am hoping this will take away some of my pain. Because of my CP and my mother, I know how important it is never to give up.

I have a lot of friends. I have known "Big J" since 1999. Some of my other friends are Jake, Dave, Will, Coach D, Coach Thompson, Brian, and Coach Don.

My favorite belongings are my Bible, my wedding ring, college ring and our dog Bandit. I call Bandit "You". My favorite place to go is onto the football field. I also like to travel. Sometimes, I take the Corvette out and drive it around just because I like to see the beautiful scenery.

I give back to the community by being a volunteer football and soccer coach. I think it is important to be a positive role model for youths. I attend Neighborhood church. I work at We Care A Lot Foundation as a Life Guide. I love my job. I am thankful for my job. I like the people I work with.

Sports is very important to me. I like football and soccer. The Oakland Raiders are my favorite NFL team. I really admire Shasta College's football team, the Knights. They are a good team.



**ANDERSON YOUTH SOCCER LEAGUE  
ANTS  
2010**

# West Valley High School



**Soccer 2009 - 2010**

*Lifeguard*  
SPORTS  
PHOTOGRAPHY

# My Life...Continued



The happiest days of my life were seeing my kids and grandbabies being born. My daughter's let me be in the delivery room when they gave birth. It is a gift to see new life being brought into the world. It was also wonderful seeing my wife and daughter's joy and happiness during the birth.

I now take Bandit, my dog, when I take Charlene to work. If I don't take Bandit with us, he will do something bad. Yesterday, he got into Charlene's make-up. He

had it all over his face. He was a rainbow of colors. I drive him around the block, so he will be a good boy.

Everyday is good. I am thankful to be alive. Good weather makes a good day for me because the heat makes me feel miserable and aggravated. A good day would have nice weather. I would see my family and know they are happy. The perfect day would be a day with no pain and having money. I would go for a drive in my Corvette. A bad day would be getting up and having pain. I have neck and back pain all of the time. Sometimes, I get headaches from the pain and heat. Seeing people suffer also makes for a bad day. It is hard not to turn on the TV and see people suffering. There are so many natural disasters

and wars. It talks about this stuff in the Bible. It is very scary.

Sunday is my favorite day of the week because I go to church and watch football. When I have done a good job, pat me on the back, give me a hug, or tell me I have done a good job. This lets me know, I am loved and appreciated. When something good happens sometimes, I jump up and down. I also give and like to get hugs.

I like to celebrate my birthday with my family. I like to have birthday parties with chocolate cake and vanilla ice-cream. To relax, I play with Bandit.





## World Views

If I was in charge of the world, I would end the war and bring people home. I would make a better health care plan. I would support President Obama. I think everyone is giving him a hard time. If I was President, I would make a better health care plan.

I believe it is important to vote. I believe if you don't vote you can't say what is wrong. I have never voted before, but I want to vote at the next election. For the first time in my life, I became a registered voter. This is a major accomplishment for me. I never thought I would become a registered voter. I am very proud of myself. I don't know how to vote, but I am learning. I want to learn more about politics and voting. I am learning the proper steps to follow to vote. On voting day, I need to ask someone to come with me and show me what to do. I will make my own choices, I need support. If I have any questions, I can always talk to my wife, Charlene.

# Roger's Hopes & Dreams!

## Roger's Life Goals:

1. I want to see my grandchildren grow-up and graduate high school and college.
2. I want my relationship with my wife, family and Jesus to continue to grow.
3. I want to continue to work with kids and be a role model to children.

The hardest thing for me to do is not to get into self-pity. I have to work at staying positive. The best way for me to stay positive is to talk to Jesus and my family. I would like to say thank you to We Care A Lot for having Pathfinders. The Life Plan has helped me see that I am able to reach my goals. The Life Guides did a great job.





## Roger's Accomplishments!

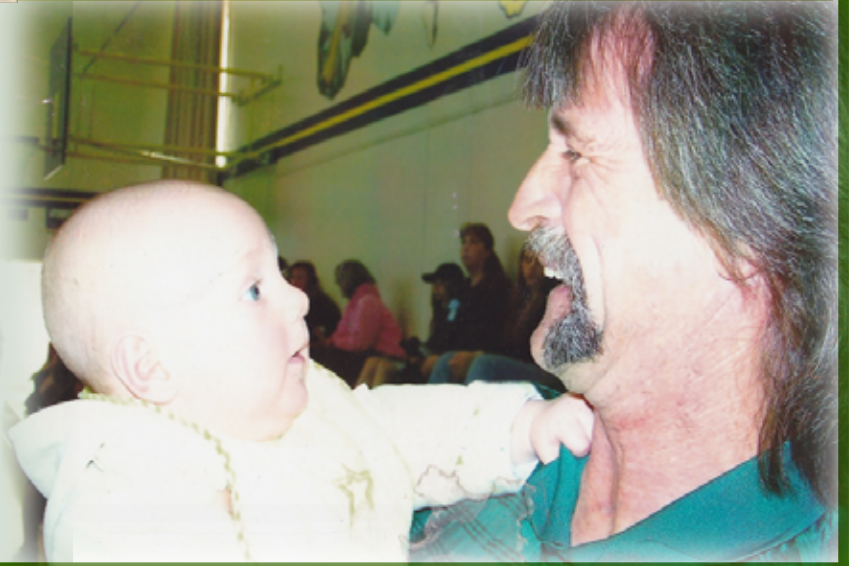


1. I have a strong faith.
2. I am on the right road.
3. I have a loving family.
4. I have a job.
5. I coach and make a difference in young people's lives.
6. I have four beautiful daughters.
7. I have four lovely grandbabies.
8. I have a relationship with my dad.
9. I never gave up.



Star, Izzy, Oskar, and Kara

Oskar and Pappa



New things that have happened since my last plan:



A series of horizontal lines for writing, including solid top and bottom lines and a dashed midline, repeated across the page.

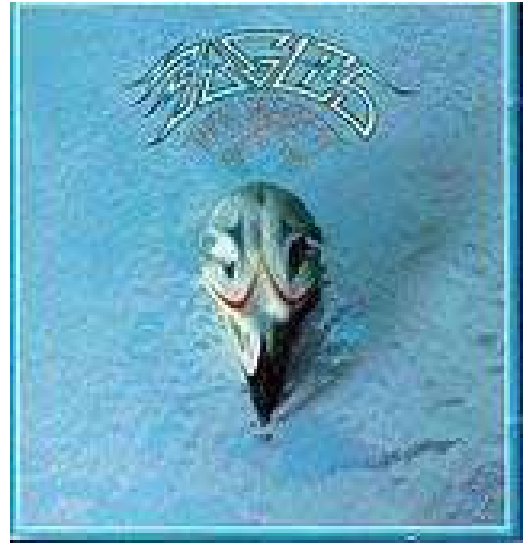
New things that have happened since my last plan:



A series of horizontal lines for handwriting practice, consisting of solid top and bottom lines with a dashed midline. There are ten such sets of lines available for writing.



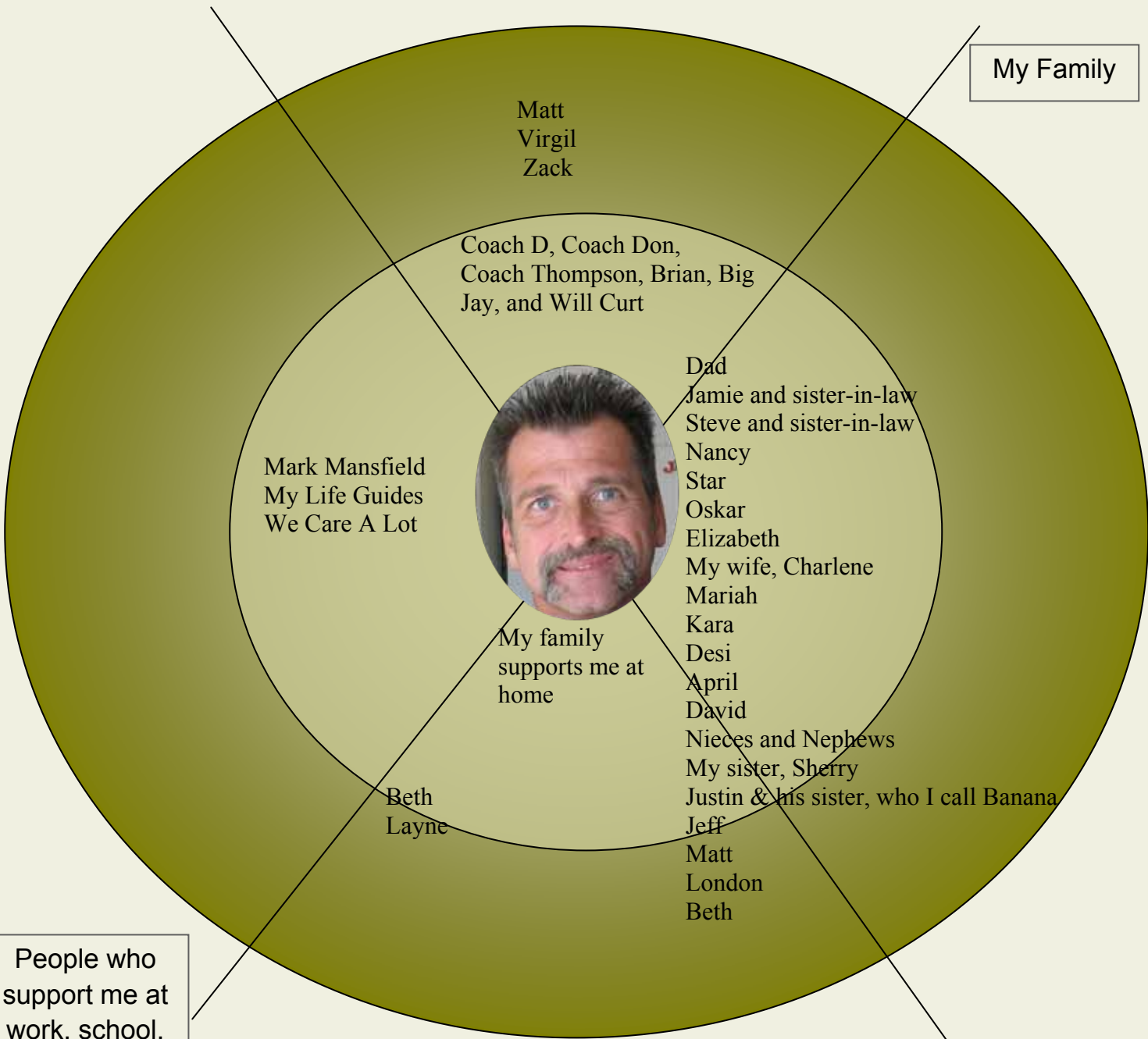
# Music Fan



# Roger's People Map

My Friends

My Family



People who support me at work, school, and training.

People whose job is to support me at home and other places.





*Pathfinders*  
"Peace" by Gary Scott Mathis